



# Finding our North Star | Canada Day The Forks 2023

## TIPS FOR A GREAT DAY!

### COME PREPARED

Dress for the weather and bring a refillable water bottle. We have 4 outdoor and 4 indoor water bottle fill stations!

### USE ACTIVE TRANSPORTATION

Whether you bike, walk, wheel, or bus to The Forks, we encourage you to leave the car at home to avoid traffic and parking congestion.

### TRY SOMETHING NEW

Take in a workshop, see a new performance, and listen to amazing stories. We're continuing to try new things and be intentional about our approach to this day and we want you to, too!

### BRING YOUR FRIENDS AND FAMILY

There is something for every person in your crew, and everyone is welcome here!

### RESPECT OTHERS!

## Family and Community Programming

### 1. CN Field

from 12:00 - 1:30 p.m.

#### Kimberly and Charisma Hoop Dancing

Come listen, learn, and be a part of this Indigenous Hoop Dancing performance and workshop.

from 12:00 - 5:00 p.m.

#### Every Child Matters - Orange Ribbons and Beaded Bracelets

Make an orange beaded bracelet and take home an orange ribbon. With every bead strung on the bracelet, we remember and honour the children taken from their homes, on this land.

from 2:00 - 5:00 p.m.

#### Finding Our North Star Family Arts Area

Art for the whole family! Join us for free activities, including watercolour, drawing and bubbles.

from 5:30 - 8:00 p.m.

#### North Star Dance Battles

Led by Eugene "GeNie" Baffoe, come witness this family friendly hip hop dance battle! You just may learn a few moves too.

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Check out the other vendors, including food and drink, around the family and community area that will be set up from 12:00 p.m. until 8:00 p.m.

### 2. CN Stage

from 2:00 - 7:00 p.m.

#### Basketball

Join folks from Basketball Manitoba and shoot some hoops!

### 3. Broadway Promenade

from 12:00 - 4:00 p.m.

#### Chalk your HeART Out

Be a part of a beautiful collaborative community art project!

### 4. Parks Canada Field

from 12:00 - 5:00 p.m.

#### Youth and Kids Soccer Camp

Learn warm-up exercises, take part in fun challenges, and participate in soccer games all a part of this fun and engaging soccer camp!

## Storytelling at Oodena

### 5. Celebration Circle

12:00 p.m. and 5:00 p.m. | 45 min

#### Indigenous Storytelling with Wally Chartrand

Join Elder Wally Chartrand for Indigenous story time at the original gathering place - The Forks!

1:00 p.m. and 4:00 p.m. | 30 min

#### African Music and Drumming with Coffieman

Evans Coffie, or Coffieman, will bring you to your feet with African drumming, music, and beats!

2:00 p.m. | 30 min

#### Round Dance with Darryl Buck

Darryl Buck of Opaskwayak Cree Nation will be sharing about the Round Dance and helping all who attend to find their own song inside of themselves.

3:00 p.m. and 6:00 p.m. | 30 min

#### Stories and Music with Kristen McKay

Kristen McKay will share stories and music highlighting the importance of healing across Turtle Island.

8:00 p.m. and 9:00 p.m. | 30 min

#### Fire Dances with The Starr Blazers

These spinning, juggling, and hula hooping fire dancers will light up Oodena Circle for your entertainment.

### 6. The top of Oodena Stairs

3:00 p.m. and 5:00 p.m. | 60 min

#### Historical Tours with Barbara Nepinak

## Live Music

### 7. The Forks Market Stage

all performances are 30 minutes, unless otherwise noted

12:00 until 5:00 p.m. with your daytime hosts

#### Adeline Bird + Michael Redhead Champagne

12:00 p.m. **Darryl Buck**

1:00 p.m. **Onna Lou**

2:00 p.m. **Tommyphyll**

3:00 p.m. **HERA**

4:00 p.m. **Lev Snowe**

6:00 until 10:30 p.m. with your evening hosts

#### Issa Kixen + Jasmine Tara

6:00 p.m. **Jérémie & Delicious Hounds**

7:00 p.m. **Jade Turner**

8:00 p.m. **The 12/21**

9:00 p.m. **Annika Scott**

9:30 p.m. **Indian City** 45 minutes

## Other Points of Interest

### 8. The Forks Market

The Forks Market and all tenants will open at their standard times. The Market, all tenants, and The Common will close during the drone show at 10:30 p.m.

### 9. Bicycle Valet Winnipeg

Bike Valet Winnipeg will be set up in the south roundabout beside The Forks Market. And for no charge, they'll look after your bicycles, scooters, strollers, skateboards, etc.

### 10. First Aid

The Winnipeg Fire Paramedic Service will be on-site, offering first aid if needed. Find them located just to the east of the CN Stage and field area inside the MIRV (Major Incident Response Vehicle).

### 11. Lost Child/Person

There is a lost child/person relocation spot set up between MTYP and the Inn at The Forks. If you are lost, or looking for a lost individual, please connect with our staff at this location.

## GETTING HERE

- Parking on site is available at \$2 hour.
- Anticipate congestion and delays on roadways into the site and through parking lots
- The parking lot closest to The Forks Market will be closed for the entire day with programming taking place in this space
- Inbound traffic to The Forks will be closed off at approximately 8 p.m. (dependent on traffic volume)
- All lots will lock down at the start of the drone show (10:30 p.m.) until all pedestrians have been cleared from the site at approximately 11:00 p.m.). We are working with the City of Winnipeg Traffic Management Centre and WPS to ensure smooth exiting once traffic flow begins.